

# Bristol Business Network



July 7<sup>th</sup> 2010

## Timetable for today's Business Network Event

11.45am – 12.30pm	Registration, informal networking and welcome drinks
12.35 – 12.40pm	Take your seats for lunch
12.40 – 12.45pm	Introduction by Sean Humby – Bristol Business Network Host
12.45 – 1.30pm	Table presentations – exchange business cards, make your 3 minute presentation
1.30 – 1.40pm	Table to table networking – your opportunity to introduce yourself to someone seated at a different table. The seating plan has a list of all those attending today's event. Please ask Sean if you need an introduction brokered
1.40 – 1.50pm	Speaker – <b>Inge Dowden – Polyglot Coaching</b>
1.50 – 2.00pm	Closing Announcements
2.00pm	Please feel free to continue networking - – a great time to make those appointments. Feel free to take advantage of the hotel facilities to continue your discussions and conversations

**Next event – August 4<sup>th</sup> – Pre lunch seminar will provide clients with the knowledge and know-how to reduce stress in the workplace.- Hosted by Sureteam and emotionalintelligenceatwork**



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***Sarah Whittock of Davies and Partners***  
***01454 619619***

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**[sarah.whittock@daviesandpartners.com](mailto:sarah.whittock@daviesandpartners.com)**  
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**Karl Ellis of EBRs**

**Tel: 01454 501686 Mob: 07868 745758**

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***Contact Karl Ellis on 01454 501686 to talk about how we can help.***

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**Inge Dowden of Polyglot Coaching**

**0117-3704204**

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