

# Bristol Business Network



**May 12th 2010**

## **Timetable for today's Business Network Event**

- |                   |   |
|-------------------|---|
| 11.45am – 12.30pm | Registration, informal networking and welcome drinks  |
| 12.35 – 12.40pm   | Take your seats for lunch   |
| 12.40 – 12.45pm   | Introduction by Sean Humby – Bristol Business Network Host  |
| 12.45 – 1.30pm    | Table presentations – exchange business cards, make your 3 minute presentation  |
| 1.30 – 1.40pm     | Table to table networking – your opportunity to introduce yourself to someone seated at a different table. The seating plan has a list of all those attending today's event. Please ask Sean if you need an introduction brokered |
| 1.40 – 1.50pm     | Speaker – <b>Jeremy Townsend</b>  |
| 1.50 – 2.00pm     | Announcements from Neil Kinnerly – Best of Bristol  |
| 2.00pm            | Please feel free to continue networking - – a great time to make those appointments. Feel free to take advantage of the hotel facilities to continue your discussions and conversations   |

**Next event – June 2<sup>nd</sup> – Mercure Holland House Hotel & Spa – SEMINAR AVAILABLE TO HOST**



**01392 362088**

**Chris Gordon of AUDITEL LTD**

**Tel 01453 542495**

We will review you or your clients costs for free – consultancy on a no-savings, no-fee basis delivered by the UK's number one cost management organisation. We can look at over 150 cost categories from energy to telephones, insurance to stationery to business rates.

Even if you are a small organisation or a sole trader there is probably something we can do for you.

We will happily pay a finders fee for introduction to larger clients. [www.auditel.eu.com/chrisgordon](http://www.auditel.eu.com/chrisgordon)

**Nick Porter of BLUE ARROW**

**Tel: 01179 544 694**

With over 15 years experience in executive search Nick Porter at Blue Arrow welcomes enquiries from members looking for employment advice.

Nick can provide current recruitment intelligence on your business sector including up to date applicant numbers, salary expectations, talent movement and market opinions.

If you or someone you know is looking for that next career step, requires recruitment advice or has a vacancy please feel free to contact him on 01179 544694 or email [nicholas.porter@bluearrow.co.uk](mailto:nicholas.porter@bluearrow.co.uk)

**Karl Ellis of EBRS**

**Tel: 01454 501686 Mob: 07868 745758**

***Are you making the most of your reward spend?***

***As one of your largest business expenses, it makes sense to review this regularly. Savings can be made by targeting your reward spend effectively and by providing your reward components as efficiently as you can. Our Reward Review is a flexible offering that we can tailor to your organisation's needs.***

***We can look at your basic pay, bonuses and benefits (including pensions). You can commission us to conduct as many aspects of your reward strategy as you need.***

***Contact Karl Ellis on 01454 501686 to talk about how we can help.***

***Contact Karl Ellis on 01454 501686 for more details.***

**[karl.ellis@ebrs.co.uk](mailto:karl.ellis@ebrs.co.uk)**

**[www.ebrs.co.uk](http://www.ebrs.co.uk)**

**Fiona Hallworth of Clifton College**

*Holiday Activity Clubs for 3-16 Year olds - discount available.  
Residential sports course for boys and girls in U16 cricket, hockey, and football- August 2010  
[www.residentialsportscourses.com](http://www.residentialsportscourses.com)*

**Simon Barber of Filebase**

**0845 602 7006**

Three months free storage for any company signed up from The Business Network

[www.filebase.co.uk](http://www.filebase.co.uk)  
[simonbarber@filebase.biz](mailto:simonbarber@filebase.biz)

**Stephen Gibb of MEMORANDUM LTD**

**Tel:0845 625 6000**

Frank-It Franking machine supplies. Up to 40% off Pitney Bowes and Neopost SRP on your first order [www.memorandum.co.uk](http://www.memorandum.co.uk)  
Pitney Bowes and Neopost (Franking Machine manufacturers) state you have to buy your consumables and ink from them. It's a little known fact that you don't have to. Frank-it.co.uk is 40% less expensive!

[http://www.frank-it.co.uk/franking\\_machine\\_refills\\_supplies/the-law-is-on-your-side](http://www.frank-it.co.uk/franking_machine_refills_supplies/the-law-is-on-your-side)  
[www.frankmesenseless.com](http://www.frankmesenseless.com)

**Helen Drake of MERCURE HOLLAND HOUSE HOTEL & SPA**

**Tel: 01179 689 850**

Spa Naturel, 20% discount on all treatments booked Tuesday to Thursday, Special fitness memberships from £35 per month including free treatments [www.mercure-uk.com](http://www.mercure-uk.com)

**Nigel Peeck of N3 DISPLAY GRAPHICS LTD**

**Tel: 0117 965 5566**

***For any like-for-like graphics/display we will better the price and increase the quality with a manufacturer's warranty on systems (where applicable).***

[www.n3display.co.uk](http://www.n3display.co.uk)

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**Jeremy Townsend of PICTURE OF HEALTH**

**Tel: 01666 504718**

"This product, in my opinion, represents the single most important breakthrough in health that I will witness in my lifetime"

Dr. John Nelson, past president American Medical Association.

"The most important development since penicillin"

Dr. William Code, MD

This product will have a profound effect on the quality of life of millions of people all over the world, including everyone of us who lunch in Bristol, Taunton and Exeter. Plus our families, friends and acquaintances.

Intrigued? Curious? For details talk to Jeremy Townsend on 01666 504718

**Inge Dowden of Polyglot Coaching**

**0117-3704204**

***For BNSW member: £5 off the price of my Personal Development Journal "This is my Life": £20.00 instead of £24.95. Perfect for people who want to make a change in their life, but don't know how to do it, or lack the motivation and action plans to succeed.***

***Contact me for more details: [inge@polyglotcoaching.com](mailto:inge@polyglotcoaching.com) or 0117-3704204 [www.polyglotcoaching.com](http://www.polyglotcoaching.com)***

**Tina Scarrott of Regus**

**01179 058700**

***Special offer on any Full Virtual Office around the UK for £89 per month to include call answering and a business address. Do you feel that you could be doing business in London, Newcastle, Manchester or Wales, however your competitors are getting the business opportunities within the areas that you are not, based on your location address being 50 or 200 miles away, Get closer to your clients, open new offices with a Virtual space from £50 per month and see your business grow across the UK or globe. It true that people do business with people that are in close proximity.***

**[www.regus.co.uk](http://www.regus.co.uk)**

**Sian MacGowan of SURE TEAM LTD**

**Tel: 01666 503686**

Sure Team provides a free 1 hour consultation to discuss your health and safety needs.

**[www.sureteam.co.uk](http://www.sureteam.co.uk)**

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**Neil Kinnerly of THE BEST OF BRISTOL LTD**

**Tel: 01454 228 213**

From The Best of Bristol 25% off one years advertising for members of the Business Network.

[www.thebestof.co.uk/bristol](http://www.thebestof.co.uk/bristol)

**Duncan Laker of WELCOME TELECOM LTD**

**Tel: 0870 7777011**

Reduce costs; reduce your carbon footprint with Fax 2 e-mail. WELCOME offers a full range of numbers that can deliver faxes to your inbox. Free to set up this service means that you only print the faxes you need to. [www.welcometelecom.co.uk](http://www.welcometelecom.co.uk)

***Nibley Music Festival***

**Probably the prettiest festival location ever on top of the Cotswold Edge**

[www.nibleyfestival.co.uk](http://www.nibleyfestival.co.uk)

**If any business wants to sponsor this year we have a cheap as chips package:  
£50 gives you 3 adult tickets (worth £42 on the gate), logo and link to your website on our website, logo in the programme and logo in the beer tent.**

**After Tax you are in profit!! (we are doing bigger sponsorship packages too)**

**2,500-3,000 lovely middle class families with spending power  
Probably the prettiest festival location ever on top of the Cotswold Edge and fantastic music, food and drink (plus more free kids activities than you could believe)**

**Sat July 3<sup>rd</sup> 2-11pm**

**Contact Chris Gordon for more details**

[chris.gordon@auditel.co.uk](mailto:chris.gordon@auditel.co.uk)

### **What to do back at the office**

Review the business cards from around the table and any others that you were given) and ask yourself the following questions:

- Who shall I write to and say how good it was to meet them?
- Would one of the people you met today benefit from your newsletter/being part of a forum?
  - Is there some I met today who I need to contact for help/advice/collaborative strategy?
    - Who shall I call and make an appointment to see?
    - Who am I going to tell about somebody I met today that could help?
  - Who else could benefit from an introduction to one of the people I met today?

Always keep in mind the members of The Business Network and on the lookout for any way in which you can pass on leads

**"Life is a field of unlimited possibilities."** - Deepak Chopra