

Bristol Business Network News



August 5th 2009

Timetable for today's Business Network Event

11.45am – 12.30pm	Registration, informal networking and welcome drinks
12.35 – 12.40pm	Take your seats for lunch
12.40 – 12.45pm	Introduction by Sean Humby – Bristol Business Network Host
12.45 – 1.30pm	Table presentations – exchange business cards, make your 3 minute presentation
1.30 – 1.40pm	Table to table networking – your opportunity to introduce yourself to someone seated at a different table. The seating plan has a list of all those attending today's event. Please ask Sean if you need an introduction brokered
1.40 – 1.50pm	Lunch Speaker – Liz Sands - BRAVE Enterprise
1.50 – 1.58pm	Closing comments from Sean Humby.
2.00pm	Close – please feel free to continue networking – a great time to make those appointments



**Photocopies courtesy of Concorde Copiers
01392 362088**

Our Speaker today Liz Sands

BRAVE Enterprise

Thank you to Bruce Roxburgh of Roxburgh Milkins who kindly introduced me to this organisation

BRAVE Enterprise has helped thousands of entrepreneurs start and run successful and profitable businesses in Bristol.

BRAVE is an independent, not-for-profit organisation based in Bristol.

BRAVE provides support to:

- Trading businesses looking to develop and grow
- Business needing solutions to problems
- Start-up businesses
- Those thinking about starting a business or becoming self employed for the first time

BRAVE Enterprise The Coach House, 2 Upper York Street, Bristol, BS2 8QN

Tel: 0117 944 5330

Email: info@brave.org.uk

www.brave.org.uk/

Chris Gordon of AUDITEL LTD

Tel 01453 542495

We will review you or your clients costs for free – consultancy on a no-savings, no-fee basis delivered by the UK's number one cost management organisation. We can look at over 150 cost categories from energy to telephones, insurance to stationery to business rates.

Even if you are a small organisation or a sole trader there is probably something we can do for you.

We will happily pay a finders fee for introduction to larger clients. www.auditel.eu.com/chrisgordon

Nick Porter of BLUE ARROW

Tel: 01179 544 694

With over 15 years experience in executive search Nick Porter at Blue Arrow welcomes enquiries from members looking for employment advice.

Nick can provide current recruitment intelligence on your business sector including up to date applicant numbers, salary expectations, talent movement and market opinions.

If you or someone you know is looking for that next career step, requires recruitment advice or has a vacancy please feel free to contact him on 01179 544694 or email nicholas.porter@bluearrow.co.uk

Steve Leahy of BRIDGWATER COMMUNICATIONS SW LTD

Tel: 08708 308649

Free Mobile Broadband Dongle and connection to O2 Mobile Broadband and first three months free. Normally £12.77 per month + vat. Also Free telecoms overview for any Business Network member, no obligations.

steve@bridgewatercommunications.co.uk

Jemma Corbett of MEDICS ON THE MOVE

Tel : 0845 241 4530

We currently have been asked to find properties on behalf of clients. If you know of a property that may suit, please contact us.

www.medicsonthefmove.co.uk

Stephen Gibb of MEMORANDUM LTD

Tel:0845 625 6000

Frank-It Franking machine supplies. Up to 40% off Pitney Bowes and Neopost SRP on your first order www.memorandum.co.uk

Helen Drake of MERCURE HOLLAND HOUSE HOTEL & SPA

Tel: 01179 689 850

20% discount off all treatments Tuesday to Friday at Spa Naturel www.mercure-uk.com

Nigel Peck of N3 DISPLAY GRAPHICS (BRISTOL) LTD

Tel: 0117 965 5566

To help you to stand out from the crowd N3 are making available a display unit for use by members who take the opportunity to have a stand at a lunch. The graphics will be printed at a much reduced price of £90 and can be re-used. Special discounts for Business Network Members - Any competitive price beaten on a like-for-like basis. www.n3display.co.uk

Jeremy Townsend of PICTURE OF HEALTH

Tel: 01666504718

Distribution of the ground breaking liquid nutraceutical VIBE.

- **Just released clinical trials confirm VIBE reverses DNA damage.**
 - **In addition, independently conducted tests reveal that VIBE is totally dissolved and absorbed into the body's cells within 60 seconds after ingestion.**
 - VIBE is a must for everyone wishing to maintain good health and, as an increasing number of testimonials bear witness, for all with health challenges.
 - Liquid nutritional supplementation is the way forward.
 - VIBE is the leader in this field.
- Try FREE samples. There is nothing to lose and a lot to gain.

Inge Dowden of Polyglot Coaching

0117-3704204

A completely FREE 1 hour power coaching session for anyone who can give me a good quality referral into a business with between 5 and 249 staff who might qualify for a Train to Gain grant of up to £1000. Contact me for more details: inge@polyglotcoaching.com or 0117-3704204 www.polyglotcoaching.com

Gareth Davies of Rapid Results Marketing

0844 556 1260

FREE Hidden Profits Meeting by visiting www.marketingfixit.co.uk/garethdavies
Finding the Hidden Profits lying dormant in your business

Tina Scarrott of Regus

0117905 8700

We would like to offer £50 off a Business World Gold Card. These cards which are usually £199, are available for £149 for any Business Network members. With a gold card you have full access to our centres and business lounges allowing you to work productively when away from your home or office. www.regus.co.uk

James Short of STRATEGIC PLANNING SOLUTIONS

Tel: 01275 848991

How to benefit from the current financial 'credit crunch'; SPS offer one hour free business health check: decide where you are going & how to get there www.talktosps.com

Sian MacGowan of SURE TEAM LTD

Tel: 01666 503686

Sure Team provides a free 1 hour consultation to discuss your health and safety needs.

www.sureteam.co.uk

Neil Kinnerly of THE BEST OF BRISTOL LTD

Tel: 01454 228 213

From The Best of Bristol 25% off one years advertising for members of the Business Network.

www.thebestof.co.uk/bristol

Duncan Laker of WELCOME TELECOM LTD

Tel: 0870 777011

Reduce costs; reduce your carbon footprint with Fax 2 e-mail. WELCOME offers a full range of numbers that can deliver faxes to your inbox. Free to set up this service means that you only print the faxes you need to. www.welcometelecom.co.uk



Redwood Hotel & Country Club

RATPACK SWING

TRIBUTE NIGHT

SATURDAY 8TH AUGUST

Includes 3 Course Dinner

£21.95 PER PERSON

BOOK NOW 01275 395 822 LIMITED TICKETS

The advertisement features a black and white portrait of a man in a suit and hat on the left, and a vintage microphone on the right. The background has a red and white concentric circle pattern.

Welcome to Frank-it
We supply Dethle manufactured franking machine
beliefs - an alternative to the Chinese imported
range - saving on CO2 & guaranteed to be 40%
cheaper.

Save over 40% on machine cartridges

frank-it
ETHICAL FRANKING SUPPLIES

Save over 40% on machine cartridges

STOP!

PAYING THE EARTH FOR YOUR FRANKING MACHINE CARTRIDGES

Pitney Bowes, Neopost & other brands
= Savings for everyone!

UK made cartridges
= lower carbon footprint and more UK jobs!

Recycle your old cartridge
= Reduced Landfill!

Full range of postal accessories available
= Everything you need in one place!

SAVE up to 40% on Neopost Supplies

Genuine Pitney Bowes Supplies

Did you know?
We donate 5% of our gross profit to UK charities!

Call us now on 0800 9 553 553 or visit us at www.frank-it.co.uk

Frank-it
High Street
Berkeley
Gloucestershire
GL13 9BJ
E-mail: info@frank-it.co.uk
Fax: 0845 625 6001

What to do back at the office

Review the business cards from around the table and any others that you were given) and ask yourself the following questions:

- Who shall I write to and say how good it was to meet them?
- Would one of the people you met today benefit from your newsletter/being part of a forum?
 - Is there some I met today who I need to contact for help/advice/collaborative strategy?
 - Who shall I call and make an appointment to see?
 - Who am I going to tell about somebody I met today that could help?
- Who else could benefit from an introduction to one of the people I met today?

Always keep in mind the members of The Business Network and on the lookout for any way in which you can pass on leads

"Life is a field of unlimited possibilities." - Deepak Chopra