

Bristol Business Network News



9th July 2009

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**Photocopies courtesy of Concorde Copiers
01392 362088**



Our Seminar host today

Nick Sladek



At Dekken we specialise in marketing and advertising. We have a solid business approach and our core purpose is to work with clients to help them to raise their game and achieve improved sales and increased profits. We work to establish long standing relationships, it's the best way for clients to develop and grow their business. Our clients regularly tap into our depth and quality of resources; it raises their game

When Nick is not running his successful Bristol based Advertising Agency, Dekken, he likes to get out with his Border Terrier Cindy, and his trusty Nikon camera, snapping interesting vistas and landscapes whilst Cindy snaps at his heels... and any sticks, and any passers-by... He also spends time in Spain, and can often be seen sitting on his terrace in the Spanish mountains indulging in some Orchetta - that's a delicious Spanish drink for those that are wondering...! When he is able to find a dog-sitter, Nick loves to get out on his Ducati Monster and tear around the Somerset countryside, or head off in his RIB and go sailing, or go windsurfing and, always one for a dopamine fix, is particularly fond of throwing himself down any of the French alps on a mountain bike, as soon as a few days holiday beckons. No surprise therefore, that Nick jumped at the chance to spend 9 days on the water with friends, whilst enduring a 400 mile dopamine fuelled race! Nick is currently training hard!

Tel **0117 947 6099**

Email **nicksladek@dekken.co.uk**

www.dekken.co.uk

Chris Gordon of AUDITEL LTD

Tel 01453 542495

We will review you or your clients costs for free – consultancy on a no-savings, no-fee basis delivered by the UK's number one cost management organisation. We can look at over 150 cost categories from energy to telephones, insurance to stationery to business rates.

Even if you are a small organisation or a sole trader there is probably something we can do for you.

We will happily pay a finders fee for introduction to larger clients. www.auditel.eu.com/chrisgordon

Nick Porter of BLUE ARROW

Tel: 01179 544 694

With over 15 years experience in executive search Nick Porter at Blue Arrow welcomes enquiries from members looking for employment advice.

Nick can provide current recruitment intelligence on your business sector including up to date applicant numbers, salary expectations, talent movement and market opinions.

If you or someone you know is looking for that next career step, requires recruitment advice or has a vacancy please feel free to contact him on 01179 544694 or email nicholas.porter@bluearrow.co.uk

With the current market conditions now may be a good time to make this call.

Steve Leahy of BRIDGWATER COMMUNICATIONS SW LTD

Tel: 08708 308649

Free Mobile Broadband Dongle and connection to O2 Mobile Broadband and first three months free. Normally £12.77 per month + vat. Also Free telecoms overview for any Business Network member, no obligations.

steve@bridgewatercommunications.co.uk

Olly Dymond of DIGITAL OFFICE EQUIPMENT LTD

Tel: 01823 681110

Digital Office Equipment Ltd is offering a free Ipad Touch with each Xerox A3 colour printer or A3 colour multifunctional device purchased or leased during March - See Olly Dymond for details tel: 07970 758196 www.digitaloffice.com

Jemma Corbett of MEDICS ON THE MOVE

Tel : 0845 241 4530

We currently have been asked to find properties on behalf of clients. If you know of a property that may suit, please contact us.

www.medicsonthemove.co.uk

Stephen Gibb of MEMORANDUM LTD

Tel:0845 625 6000

Frank-It Franking machine supplies. Up to 40% off Pitney Bowes and Neopost SRP on your first order www.memorandum.co.uk

Helen Drake of MERCURE HOLLAND HOUSE HOTEL & SPA

Tel: 01179 689 850

20% discount off all treatments Tuesday to Friday at Spa Naturel www.mercure-uk.com

Nigel Peck of N3 DISPLAY GRAPHICS (BRISTOL) LTD

Tel: 0117 965 5566

To help you to stand out from the crowd N3 are making available a display unit for use by members who take the opportunity to have a stand at a lunch. The graphics will be printed at a much reduced price of £90 and can be re-used. Special discounts for Business Network Members - Any competitive price beaten on a like-for-like basis. www.n3display.co.uk

Jeremy Townsend of PICTURE OF HEALTH

Tel: 01666504718

Distribution of the ground breaking liquid nutraceutical VIBE.

- **Just released clinical trials confirm VIBE reverses DNA damage.**
- **In addition, independently conducted tests reveal that VIBE is totally dissolved and absorbed into the body's cells within 60 seconds after ingestion.**
- VIBE is a must for everyone wishing to maintain good health and, as an increasing number of testimonials bear witness, for all with health challenges.
 - Liquid nutritional supplementation is the way forward.
 - VIBE is the leader in this field.

Try FREE samples. There is nothing to lose and a lot to gain.

Inge Dowden of Polyglot Coaching

0117-3704204

A completely FREE 1 hour power coaching session for anyone who can give me a good quality referral into a business with between 5 and 249 staff who might qualify for a Train to Gain grant of up to £1000. Contact me for more details: inge@polyglotcoaching.com or 0117-3704204 www.polyglotcoaching.com

Gareth Davies of Rapid Results Marketing

0844 556 1260

FREE Hidden Profits Meeting by visiting www.marketingfixit.co.uk/garethdavies

Finding the Hidden Profits lying dormant in your business

Tina Scarrott of Regus

0117905 8700

We would like to offer £50 off a Business World Gold Card. These cards which are usually £199, are available for £149 for any Business Network members. With a gold card you have full access to our centres and business lounges allowing you to work productively when away from your home or office. www.regus.co.uk

James Short of STRATEGIC PLANNING SOLUTIONS

Tel: 01275 848991

How to benefit from the current financial 'credit crunch'; SPS offer one hour free business health check: decide where you are going & how to get there www.talktosps.com

Sian MacGowan of SURE TEAM LTD

Tel: 01666 503686

Sure Team provides a free 1 hour consultation to discuss your health and safety needs.

www.sureteam.co.uk

Neil Kinnerly of THE BEST OF BRISTOL LTD

Tel: 01454 228 213

From The Best of Bristol 25% off one years advertising for members of the Business Network.

www.thebestof.co.uk/bristol

Duncan Laker of WELCOME TELECOM LTD

Tel: 0870 7777011

Reduce costs; reduce your carbon footprint with Fax 2 e-mail. WELCOME offers a full range of numbers that can deliver faxes to your inbox. Free to set up this service means that you only print the faxes you need to. www.welcometelecom.co.uk

Referral Opportunity

Tell us of a Contact you would like to meet.

The best 'Networkers' give as well as receive. We are encouraging you to let us have the name of one or two companies that you would like to be meeting at future events.

The Business Network will then do all the work – all you need to do is complete this Contact Form and give it back to us at the lunch.

Contact Name	Organisation	Their Role	Tel No.	Email

Your Name.....

Thank you.

I will be delighted to give you a bottle of fine wine or champagne for every person that you refer who joins
sean@business-network.co.uk t 0800 032 9763 and 01600 891 584



Redwood Hotel & Country Club

MUSIC ON THE LAWN

SUNDAY 26TH JULY

COME JOIN US FOR AN AFTERNOON
WITH OUR LOCAL VIOLINIST

£12.95 PER PERSON

Includes cream tea & glass of Pimms

BOOK NOW 01275 395 822 LIMITED TICKETS

The poster features a violin on the right, a teapot and scones on the left, and musical notes in the background.

Redwood Hotel & Country Club



RATPACK SWING

TRIBUTE NIGHT
SATURDAY 8TH AUGUST
 Includes 3 Course Dinner
£21.95 PER PERSON



BOOK NOW 01275 395 822 LIMITED TICKETS

A personal plea from Chris Gordon who is going to walk The Pennine Way starting on the last weekend in August. His aim to do it in 12 days. It usually takes 3 weeks (272 miles of bleak mountain hiking, it's the longest and most grueling walk in Britain). It's a self organised trip that I am doing with a mate George, and we aim to raise money for a small but brilliant charity based out in The Gambia which is helping villagers on the road to self-dependency. I know the people that run the charity and they are true saints, so I really want to help their cause.
 Chris wants to raise £10k.
 This link has some extra info www.justgiving.com/chrisgordon1

What to do back at the office

Review the business cards from around the table and any others that you were given) and ask yourself the following questions:

- Who shall I write to and say how good it was to meet them?
- Would one of the people you met today benefit from your newsletter/being part of a forum?
- Is there some I met today who I need to contact for help/advice/collaborative strategy?
 - Who shall I call and make an appointment to see?
 - Who am I going to tell about somebody I met today that could help?
- Who else could benefit from an introduction to one of the people I met today?

Always keep in mind the members of The Business Network and on the lookout for any way in which you can pass on leads

"Life is a field of unlimited possibilities." - Deepak Chopra