

Exeter Business Network April 21st 2010



Timetable for today's Business Network Event

- | | |
|-------------------|---|
| 11.45am – 12.30pm | Registration, informal networking and welcome drinks |
| 12.35 – 12.40pm | Take your seats for lunch |
| 12.40 – 12.45pm | Introduction by Sean Humby – Exeter Business Network Host |
| 12.45 – 1.30pm | Table presentations – exchange business cards, make your 3 minute presentation. |
| 1.30 – 1.40pm | Table to table networking – your opportunity to introduce yourself to someone seated at a different table. The seating plan has a list of all those attending today's event. Please ask Sean if you need an introduction brokered |
| 1.40 – 1.50pm | Speaker – Clare Whiston – Knowledge Gateway |
| 1.50 – 1.58pm | Closing comments from Sean Humby – announcements from Ally Colton – Families for Children; James Meylan – Mango Personnel; Glen King – Glen King PR/Marketing; Helen Mattacott – Beacon Peninsular |
| 2.00pm | Close – please feel free to continue networking – a great time to make those appointments |

NEXT EVENTS – May 19th 2010 At The Lord Haldon – Seminar being hosted by Clare Whiston of Knowledge Gateway - NEXT EVENTS



Members offers and opportunities

Steve Westaway of AME Solutions

Tel: 01392 824022

AME is pleased to offer members a FREE network/security audit on your PC's and server. We will identify any potential issues with your systems and provide you with a detailed report. Plus we also offer all members 2-4-1 on our Microsoft Office training courses.

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Helen Mattacott of Beacon Peninsula

Tel 01392 479330

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Contact: helen@beaconpeninsula.org.uk

POWERFUL STRATEGIES TO MOVE YOUR BUSINESS TO THE NEXT LEVEL Guaranteed!!! Do you really want to make a success of your business? These practical strategies from a business expert WILL make a bottom line difference to your business. Where? Exeter When? Tuesday 18th May Cost: £190 plus VAT (£30 DISCOUNT OFF THIS PRICE FOR BUSINESS NETWORK SW MEMBERS) Contact: helen@beaconpeninsula.org.uk BOTH TRAINING DAYS ARE ELIGIBLE FOR TRAIN TO GAIN FUNDING. JUST EMAIL HELEN AND SHE WILL COMPLETE THE REFERRAL FORM FOR YOU.

Contact: helen@beaconpeninsula.org.uk

www.beaconpeninsula.org.uk

Linda Humphries of Beck & Call

Tel 0845 0040188

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post@beckandcalluk.co.uk www.beckandcalluk.co.uk

Owen Davies of Bluegrass Computer Services
Tel: 01392 207394

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Catherine Petherick of BRISTOL STREET MOTORS
Tel: 01392 423300

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email cpe52@bristolstreet.co.uk

Malcolm Randall of Build Consultants Ltd
Tel: 0845 3266139

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Charlotte Lambeth of Charles Stanley Stockbrokers

Tel: 01392 453600

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charlotte.lambeth@charles-stanley.co.uk

Dudley Hambleton of CONCORDE COPIERS LTD

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A FREE survey and report for Business Network Members regarding your current photocopying/printing situation. The digital age has dramatically changed the economics of office printing, so to ensure you are using the most cost effective systems for your business, you are welcome to contact Dudley at Concorde to arrange a meeting.

Dudley@concorde-copiers.com

Chris Reader of CR HR CONSULTANCY

Tel: 01626 352216

- A FREE HR audit for Business Network members

www.crrh.gb.com

Chris Wood of CW IT Services

Tel: 07805 512979

CW IT Services are offering a free 1 hour system health check for your business computers to ensure they are fully functional and secure from viruses

Contact Chris at CW IT Services on 07805 512979

support@cwit.co.uk

www.cwit.co.uk

David Frumin of DAVID FRUMIN & ASSOCIATES

Tel: 01392 493394

Income tax returns for year to 5th April 2009 will be done for 10% OFF our normal fee www.davidfrumin.co.uk

enquiry@davidfrumin.co.uk

Anne Craib of Exeter 107.3FM

Tel 01392 823557

25% of any airtime package booked on Exeter FM, Palm 105.5 or our New Radio Station Radio Plymouth launching spring 2010. call Anne on 07846422603 for further details.

www.exeter.fm

Rebecca Weaver of Gumshoe UK Ltd

Tel 07791 060062 and 01392 661347

Free 1 hour consultation and free referral on Gumshoes new and upcoming website

info@gumshoeuk.com

<http://gumshoeuk.com>

Barry Allaway (Independent Financial Adviser) of LEBC GROUP LTD

Tel: 01823 401155

Your Pension or investments cannot take care of themselves - sometimes they need a little TLC. Let me help with some first aid, it may not be too late to revive them. A free review for all Network members. I am on call right now !

Barry Allaway, Independent Financial Adviser, LEBC Group Ltd (01823 401155 or barryallaway@lebc-group.com

Please contact me on 01823 401155 or email: barryallaway@lebc-group.com

Ron Halden of PENINSULAR ONE SOURCE

Tel: 01392 211900

*Exhibitors Package - Roller banner with graphic and bag plus 500 A5 Colour leaflets £140
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Jeremy Townsend of Picture of Health

Tel:01666504718

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Tina England of Purple Performance

07973 734143

- FREE, no obligation, two hour review meeting to discuss your business - perhaps there's an issue you've been grappling with and want some ideas
- Also this month, we are launching our NEW Business Improvement Programme, designed specifically for the small business owner. We are pleased to offer the first 4 applicants from the network a special price of £525 to include an initial appraisal and a 3-month programme - all with a full money back guarantee.

Call Tina England for more information on 07973 734143



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Ros Morton of Regus

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Paula Sudbury of St Loye's Foundation

01392 826120

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Julie Piper of Springboard Marketing

Tel 07912 742235

For a limited period, we are offering a MARKETING PLANNING service for Business Network Members. Over a 6-month period, we will facilitate a monthly marketing brainstorm and planning session, allowing you to be pro-active and cohesive in your marketing activity. Monthly cost only £100 + VAT. To find out more contact Julie Piper on 07912 742235.

Anthony McGloin of Straight Forward Success

Tel 01647 270077

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Julie Cotgrave of Target Search and Selection

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Nigel Wilkinson of WNW Design

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Robert Guest of WPA

01404 815276

WPA has various special offers for new joiners to all our schemes, This applies whether you have an existing scheme with another provider or want information on starting a plan.

Robert.guest@wpa.org.uk

www.linkedin.com/in/robertguest1

What you need to do back at the office

What I know for sure is that what you give comes back to you - Oprah Winfrey

Review the business cards from around the table and any others that you were given and ask yourself the following questions:

- Who shall I write to and say how good it was to meet them?
- Would one of the people you met today benefit from your newsletter/being part of a forum?
 - Is there some I met today who I need to contact for help/advice/collaborative strategy?
 - Who shall I call and make an appointment to see?
 - Who am I going to tell about somebody I met today that could help?
 - Who else could benefit from an introduction to one of the people I met today?

Always keep in mind the members of The Business Network and on the lookout for any way in which you can pass on leads

"Life is a field of unlimited possibilities." - Deepak Chopra



The Business Network

The Business Network currently runs monthly lunchtime (12noon – 14.00) networking events -

Aberdeen, Edinburgh and Glasgow - hosted by our colleague **Simon Morgan** simon@bns.uk.net

Cardiff, Swansea, Bridgend, Newport, Usk Valley and West Wales - hosted by our colleague **Lynne Orton** lynne@biznetwales.co.uk

Warrington - hosted by our colleague **Graham Phillips** graham@business-network.co.uk

Leeds and Wakefield - hosted by our colleague **Caroline Coward** caroline@business-network.co.uk

Nottingham - hosted by our colleagues **Peter and Sue Motley** peter@business-network.co.uk

Preston - hosted by our colleagues **Karen Tems and Helen Riley** Karen@business-network.co.uk
helen.riley@business-network.co.uk

Sheffield - hosted by our colleagues **Paul and Linda Frewin** info@thebusinessnetworksheffield.co.uk

York and North Yorkshire - hosted by our colleagues **Claire Flatters and Andrew Kendrick** nwy@the-business-network.co.uk

Exeter, Bristol and Taunton - hosted by our colleagues **Sean and Jane Humby** sean@business-network.co.uk

Liverpool – hosted by our colleague **Len Rainford** – len@business-network.co.uk

South Humberside, Manchester and South Manchester – **Helen Bennett** - helen@business-network.co.uk

Chester – **Tracey Griffiths** – **LAUNCHING** - 30th of June tracey@business-network.co.uk